



# Personal Development



At West Drayton academy, we want to develop responsible, respectful and active children who are prepared for modern Britain. Our curriculum is inclusive and promotes equality.





## Staying Safe

Whole school Event	Term	Summary
Citizenship Programme	Weekly	The Citizenship Programme is a series of 'daily discussions' that covers the knowledge, skills and understanding that our pupils need to play a full part in democratic society, as active and responsible citizens. Content comes from the five areas of personal development and Grades.
Water Safety week Assembly, Citizenship Programme	Sum 1	Water Safety Week, which is also known as Drowning Prevention Week, is a summer water safety campaign across the UK and Ireland that happens every year. The main goal of Water Safety Week is to teach people the necessary skills and knowledge that they need to be safe and have fun in the water.
Road Safety week Assembly, Citizenship Programme	Aut 2	The aim of Road Safety Week is to learn how to stay safe around, on and near the road. It is a time to remind ourselves of the important rules for keeping us safe on the road and to also celebrate the work of others who keep us safe, such as a Crossing Patrol Officer.
PANTS lesson PSHE scheme, Citizenship Programme	Termly	The PANTS lesson helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried.
Anti-bullying week PSHE scheme, Citizenship Programme, Assembly	Aut 2	This week aims to send out a clear and positive message that bullying is neither acceptable nor inevitable in schools and communities. The event aims to raise awareness about bullying and the effects that it can have on the people that experience it.
Safer Internet day Citizenship Programme, Assembly	Spr 1	The aim of Safer Internet Day is to raise awareness of Internet safety, promoting positive and responsible usage. Children learn how to look after themselves and others while staying safe in an online space
Clever Never Goes Assembly (Strange Behaviour)	Spr 2	Assembly focused on building children's ability to engage with the outside world. Programme aims to give children practical safety skills which they can use as they get older and become more independent.
Winter Water Safety Assembly	Spr 1	In winter, children and pets are particularly at risk when tempted to play on the ice formed on open water. Assembly covered how children can stay safe in winter and the dangers of frozen waters.
Water Safety Workshops	Sum 1	These workshops teach children the SAFE message, how to spot hazards in the water and how to react in an emergency. The SAFE message is: Be Safe Stay Away From the Edge.
Switched on around the railway Citizenship Programme	Sum 2	Through a range of age targeted films, interactive games and classroom activities, Switched On teaches pupils to be aware of risky behaviour and develop hazard-spotting skills.
Lockdown and fire alarms	Termly	Teach children how to respond when they hear an alarm.
Year 6 Event	Term	Summary
Junior Citizens Programme Brunel University	Sum 2	Online presentations covering various topics. The aim of each safety scenario is to allow children the opportunity of recognising and dealing with danger in a realistic way and one which they will remember, should

		they need to cope with a similar situation in real life. Topics covered include: cycle safety, road safety, online safety, when to call 999, fire safety detection, fire safety prevention, fire safety escape, water safety and safety around dogs.
TFL Workshop Safety and Citizenship		Presentation delivered by experienced School Liaison Officer on personal safety, respect, responsibility and awareness on and around public transportation.
Complete a first aid course	Sum 2 100 Club	External qualification - part of the Leavers programme.
Complete a cycling proficiency test	Sum 2 100 Club	Bikeability - part of the Leavers programme
Navigate public transport London Underground & buses	Aut 2 100 Club	Children plan the route of Y6 trip to London Eye Trip linked to Read@3 text, 'The London Eye Mystery'
PSHE Curriculum (Jigsaw) Ages 10-11	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Anti-social behaviour (Being Me in My World)</li> <li>• Power struggles (Celebrating Difference)</li> <li>• Understanding bullying (Celebrating Difference)</li> <li>• How substances affect the body (Healthy Me)</li> <li>• Exploitation, including 'county lines' and gang culture (Healthy Me)</li> <li>• Power and control (Relationships)</li> <li>• Technology safety (Relationships)</li> <li>• Take responsibility with technology use (Relationships)</li> <li>• Body image; Self-image (Changing Me)</li> <li>• Puberty and feelings (Changing Me)</li> <li>• Conception to birth (Changing Me)</li> <li>• Physical attraction (Changing Me)</li> <li>• Respect and consent (Changing Me)</li> <li>• Boyfriends/girlfriends (Changing Me)</li> <li>• Sexting (Changing Me)</li> </ul>
Police presentation to parents	Sum 1	Police presentation to parents about child exploitation / grooming.
<b>Year 5 Event</b>	<b>Term</b>	<b>Summary</b>
Make an emergency telephone call	Spr 2 100 Club	PSHE: Healthy Me 100 Club Opportunity
Police online safety talk	Spr 2	Creating a positive healthy online community
Wellbeing Week	Sum 1	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Finding trusted adults</li> <li>• Dealing with anxiety</li> <li>• Seeking support from support agencies</li> <li>• Dealing with financial issues</li> <li>• Coping strategies</li> </ul>
Navigate a coach journey and wear a seat belt.	Spr 2	Y5 trip to The Living Rainforest
Navigate public transport London Underground & buses		Y5 Windsor Trip

PSHE Curriculum (Jigsaw) Ages 9-10	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Racism (Celebrating Differences)</li> <li>• Rumours and name-calling (Celebrating Differences)</li> <li>• Types of bullying (Celebrating Differences)</li> <li>• Smoking, including vaping (Healthy Me)</li> <li>• Alcohol (Healthy Me)</li> <li>• Alcohol and anti-social behaviour (Healthy Me)</li> <li>• Emergency aid (Healthy Me)</li> <li>• Body image; Relationships with food (Healthy Me)</li> <li>• Safer online communities (Relationships)</li> <li>• Rights and responsibilities online (Relationships)</li> <li>• Online gaming and gambling (Relationships)</li> <li>• Dangers of online grooming (Relationships)</li> <li>• SMART internet safety rules (Relationships)</li> <li>• Influence of online and media on body image (Changing Me)</li> <li>• Puberty for girls (Changing Me)</li> <li>• Puberty for boys (Changing Me)</li> </ul>
<b>Year 4 Event</b>	<b>Term</b>	<b>Summary</b>
Walk a dog	Sum 1 100 Club	Farm visit
PSHE Curriculum (Jigsaw) Ages 8-9	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Understanding influences (Celebrating Differences)</li> <li>• Understanding bullying (Celebrating Differences)</li> <li>• Healthier friendships (Healthy Me)</li> <li>• Smoking (Healthy Me)</li> <li>• Alcohol (Healthy Me)</li> <li>• Peer pressure (Healthy Me)</li> <li>• Girlfriends and boyfriends (Relationships)</li> <li>• Having a baby (Changing Me)</li> <li>• Girls and puberty (Changing Me)</li> </ul>
Recite a poem from memory	Spr 2 100 Club	'Strictly Speaking' house competition
<b>Year 3 Event</b>	<b>Term</b>	<b>Summary</b>
Make an emergency telephone call	Spr 2 100 Club	PSHE: Healthy Me
PSHE Curriculum (Jigsaw) Ages 7-8	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• How to manage family conflict (Celebrating Differences)</li> <li>• Witnessing bullying and how to solve it</li> <li>• Attitudes towards drugs (Healthy Me)</li> <li>• Keeping safe and why it's important online and offline scenarios (Healthy Me)</li> <li>• Respect for myself and others (Healthy Me)</li> <li>• Healthy and safe choices (Healthy Me)</li> <li>• Keeping safe online and who to go to for help (Relationships)</li> <li>• How babies grow (Changing Me)</li> <li>• Outside body changes; Inside body changes (Changing Me)</li> <li>• Family stereotypes (Changing Me)</li> </ul>
Navigate public transport London Underground & buses	Spring 100 club	Trip to Natural History Museum
Learn to cross the road safely	Spring 100 club	Trip to Natural History Museum Local area walk

Year 2 Event	Term	Summary
Navigate public transport London Underground & buses	100 Club	Trip to Uxbridge Cinema
PSHE Curriculum (Jigsaw) Ages 6-7	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Safe and fair learning environment (Being Me in My World)</li> <li>• Assumptions and stereotypes about gender (Celebrating Differences)</li> <li>• Understanding bullying (Celebrating Differences)</li> <li>• Standing up for self and others (Celebrating Differences)</li> <li>• Gender diversity (Celebrating Differences)</li> <li>• Physical contact boundaries (Relationships)</li> <li>• Friendship and conflict; Secrets (Relationships)</li> <li>• Growing from young to old (Changing Me)</li> <li>• Differences in female and male bodies (correct terminology) (Changing Me)</li> </ul>
Year 1 Event	Term	Summary
Navigate public transport London Underground & buses	100 Club	Trip to Kensington, Reading Museum & Shrek
PSHE Curriculum (Jigsaw) Ages 5-6	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Feeling special and safe (Being Me in My World)</li> <li>• Understanding bullying and knowing how to deal with it (Celebrating Differences)</li> <li>• Keeping clean; Being safe (Healthy Me)</li> <li>• Medicine safety/safety with household items (Healthy Me)</li> <li>• Road safety (Healthy Me)</li> <li>• People who help us (Relationships)</li> <li>• Physical contact preferences (Relationships)</li> <li>• Life cycles (animal and human) (Changing Me)</li> <li>• Changes in me; Changes since being a baby (Changing Me)</li> <li>• Differences between female and male bodies (correct terminology) (Changing Me)</li> </ul>
EYFS Event	Term	Summary
Community Police Officer Visit	Sum	Reception and Nursery children learned about what police officers do and how they help our community
Learn to cross the road safely	Aut	Children learn to cross the road in a familiar environment and then practise these skills when they go out into the local area.
PSHE Curriculum (Jigsaw) Ages 3-5	Ongoing	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Being gentle (Being Me in My World)</li> <li>• Standing up for yourself (Celebrating Differences)</li> <li>• Seeking help (Dreams and Goals)</li> <li>• Safety (Healthy Me)</li> <li>• Friendships; Breaking friendships; Falling out (Relationships)</li> <li>• Dealing with bullying (Relationships)</li> <li>• Respecting my body; Bodies (Changing Me)</li> <li>• Growing up; Growth and change (Changing Me)</li> </ul>
Partnering with Parents	Term	Summary

Community Police  
Officer Parent  
Presentation

Sum 1

Metropolitan police officer parent presentation covering child exploitation and grooming; additional drop-in session covering internet safety, personal safety, child exploitation and grooming



## Building Futures

Whole school Event	Term	Summary
Help at Home week	Aut 1 <b>100 Club</b>	'Help at Home' week incorporates numbers 11 and 33 on the 100 club list - helping out at home and supporting a charity. Parents and carers sponsor the children to complete household chores. All money raised will be donated to the Park Federation's partner charity, Action Aid. 'Help at Home' helps to raise children's awareness of kindness, responsibility and to appreciate those people who help look after them.
Votes for schools	Weekly	This promotes weekly discussion on challenging issues. It empowers our pupils to have their voices heard by voting and commenting on a key question.
KS2 Public speaking house competition	Spr 1	An opportunity for children to display their oratory skills by performing a reading to an audience. Y3 and Y4 pupils are asked to perform a poetry reading, whilst Y5 are challenged to write and deliver their own speech.
Habits of discussion	ongoing	We want our children to engage in rich discussions by 'normalising' a set of ground rules (or 'habits') that allow discussion to be more connected.
Citizenship Programme	Weekly	The Citizenship Programme is a series of 'daily discussions' that covers the knowledge, skills and understanding that our pupils need to play a full part in democratic society, as active and responsible citizens. Content comes from the five areas of personal development and Grades.
Year 6 Event	Term	Summary
PSHE 'Changing Me'	Sum 2	I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class.
Transition Day	Sum 2	Children visit their new Secondary school ready for a new start in September.
Transition Q&A & feedback	Aut 1 / Sum 2	During Aut 1, video of a former WDA pupil now in Y7 - reflecting on their first half term. Include the video in the Y6 Leavers programme.
Navigate public transport London Underground & buses	Aut 1 <b>100 Club</b>	Trip to London
Parent Visit NHS	Aut 1	Science Unit: animals including humans Opportunity for visit from parent who works in NHS to discuss their career - would link to learning about circulatory system, heart, diet, lifestyle learnt in Science.
Year 6 production	Sum 1	Annual Year 6 production: teamwork, confidence, collaboration. Exposure to rules in dramatic arts.

Digital Strategy	ongoing	The Park Federation has implemented a digital strategy to provide every child with access to a Chromebook to enhance their learning.
<b>Year 5 Event</b>	<b>Term</b>	<b>Summary</b>
Navigate public transport London Underground & buses	100 Club	Trip to Windsor
Digital Strategy	ongoing	The Park Federation has implemented a digital strategy to provide every child with access to a Chromebook to enhance their learning.
Votes for school	weekly	<p>Topics covered:</p> <ul style="list-style-type: none"> <li>• Jobs, economy &amp; education</li> <li>• Theme: Culture, media &amp; the arts</li> <li>• Topic Theme: Crime, justice &amp; extremism</li> <li>• Topic Event: Parliament Week</li> <li>• Topic Event: Safer Internet Day</li> <li>• Topic Theme: Science &amp; technology</li> <li>• Topic Theme: Equalities &amp; identity</li> </ul>
<b>Year 4 Event</b>	<b>Term</b>	<b>Summary</b>
PSHE Dreams and Goals	Spr 1	Create journey map writing what children have done in their life and what they hope to achieve in the future. Talk about motivation and enthusiasm, but also recognise obstacles which might hinder their achievement and steps they can take to overcome them.
Digital Strategy	ongoing	The Park Federation has implemented a digital strategy to provide every child with access to a Chromebook to enhance their learning.
<b>Year 3 Event</b>	<b>Term</b>	<b>Summary</b>
Kidzania	Sum 2	Through realistic role-play, children learn about various careers, how a city functions, and the importance of managing money. Each experience is designed to empower pupils, boost their confidence, and inspire them to become responsible global citizens.
PSHE Curriculum (Jigsaw) 7-11	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Being Me in my World</li> <li>• Dreams and Goals</li> <li>• Roles and responsibilities</li> </ul>
Baking	Sum 2 100 Club	Children bake during health and fitness week
<b>Year 2 Event</b>	<b>Term</b>	<b>Summary</b>
Making a restaurant reservation	Aut 1 100 Club	Trip to Palace Tandoori. Children book in advance and practice ordering from a menu.
Navigate public transport London Underground & buses	Spr 2 100 Club	Trip to cinema
Writing thank you letters	Aut 1	Thank you letters written to the Palace Tandoori
Learn to ride a bike	Sum 2	Health and fitness week



Year 1 Event	Term	Summary
Navigate public transport London Underground & buses	100 Club	Y1 trip to Kensington, Reading Museum & Shrek
Explorers and adventurers	Sum 2	Discuss a range of people who have made an impact in history. How did they reach their goals? What struggles did they endure?
Learn to ride a bike	Sum 2 100 Club	Health and fitness week
EYFS Event	Term	Summary
People Who Help Us	ongoing	People from the local community visit school to talk to the children about community roles e.g police, fireman, coffee shop sales assistant, waitress, doctors/nurses, hairdressers, teachers



## British Values

Whole school Event	Term	Summary
Citizenship Programme	Weekly	The Citizenship Programme is a series of 'daily discussions' that covers the knowledge, skills and understanding that our pupils need to play a full part in democratic society, as active and responsible citizens. Content comes from the five areas of personal development and Grades.
Cultural Club Celebrations  Tolerance of different faiths and beliefs	ongoing	Throughout the year, we celebrate our cultural diversity through providing opportunities for children to engage in a variety of religious/cultural festivals.  Culture Club celebrations and activities doc.
Votes for Schools Topics  Democracy & Individual Liberty	Weekly	Through our weekly Votes for Schools topics, children are given opportunities to discuss current affairs and are empowered to engage in the world around them. Children develop their confidence, oracy and critical thinking whilst embedding SMSC, British Values and Prevent across the school. Each week children take time to carefully consider the vote topic before casting their vote.  Vote topics covered: Autumn 1: Black History Month  Autumn 2: UK Parliament week Anti-bullying week International day of people with disabilities  Spring 1: Holocaust Memorial Day Children's mental health week Safer internet day



		<p>Spring 2: World Pride World Book day International women's day Young carers action day</p> <p>Summer 1: Earth day</p> <p>Summer 2: Refugee week</p>
<p><b>Authors &amp; books celebrating diversity</b></p> <p><i>Tolerance of different faiths and beliefs, Mutual Respect &amp; Individual Liberty</i></p>	Ongoing	At WDA we value diversity and endeavour to provide opportunities which are equal for all children regardless of race, religion, gender, disability, neurodiversity and socio-economic status. We have developed our curriculum and offer children books that reflect diversity. 25% of 'Read at 3' books are diverse.
<p><b>Visit Places of Worship</b></p> <p><i>Tolerance of different faiths and beliefs</i></p>	Ongoing	<p>Through visiting places of worship children gain an understanding and appreciation for faiths found within our community.</p> <ul style="list-style-type: none"> <li>● Year 1: Synagogue - bake challah bread</li> <li>● Year 2: Church</li> <li>● Year 3: Hindu Temple</li> <li>● Year 4: Buddhist Temple</li> <li>● Year 5: Gurdwara</li> <li>● Year 6: Mosque</li> </ul>
<b>Royal Family Celebrations</b>	Ongoing	All royal events are celebrated as they arise and children are given opportunities to learn about the monarchy through the wider curriculum For example; Coronation and Jubilee.
<b>Elections</b>	Ongoing	<ul style="list-style-type: none"> <li>● Head Pupils elected</li> <li>● House Captains elected by peers</li> <li>● Pupil consultations: school upgrades</li> </ul>
<p><b>Celebrating Differences - PSHE</b></p> <p><i>Tolerance of different faiths and beliefs, Mutual Respect &amp; Individual Liberty</i></p>	Aut 2	During PSHE children talk about gender stereotypes, that boys and girls can have differences and similarities and that is OK. They talk about children being bullied because they are different, that this shouldn't happen and how to support a classmate who is being bullied. The children talk about feelings associated with bullying and how and where to get help. They talk about similarities and differences and that it is OK for friends to have differences without it affecting their friendship.
<p><b>Action Aid</b></p> <p>Supporting the rights of women</p>	ongoing	See Global 70 schedule.
<p><b>Poppy Appeal</b></p> <p><i>Tolerance of different faiths and beliefs, Mutual Respect</i></p>	Aut 2	Each year, we take part in the annual Poppy Day celebrations where children purchase poppies and a minute's silence is held in assembly on Remembrance Day.
<b>Year 6 Event</b>	<b>Term</b>	<b>Summary</b>

House of Parliament Visit Democracy & The Rule of Law	Sum 2 100 Club	Our School Council visit the Houses of Parliament to gain a greater understanding of how democracy works in the UK and the important role democracy plays in British Society.
Imperial War Museum Mutual Respect	Aut 2	Y6 children visit the Imperial War Museum to develop their knowledge and understanding of the civil and military war effort and sacrifice of the United Kingdom and its Empire during the First World War.
Civil Rights - History Democracy & The Rule of Law, Mutual Respect & Tolerance of different faiths and beliefs	Sum 2	Highlights the ongoing conflicts caused by discrimination. Pupils will learn about the history of the civil rights movement in the USA as well as more recent events such as the killing of black teenager Trayvon Martin, and the Ferguson protests. Pupils will also consider the UK perspective and the fight for civil rights in our own society.
Year 5 Event	Term	Summary
Visit Windsor Castle - History Medieval Monarchs Tolerance of different faiths and beliefs & Mutual Respect	Spr 1	Children in Y5 study Medieval Monarchs in History To enrich their learning children visit Windsor Castle. Children learn about the succession crisis of Edward the Confessor and the multiple claims to the throne which resulted in the Battle of Hastings. Children also learn about the tension between church and state during this time: Henry II appointed his friend Thomas Becket as Archbishop of Canterbury creating a source of conflict regarding where power really lay in England resulting in Thomas Becket being killed.
Changing Britain	Sum 1	'Changing Britain', ensures that pupils extend their knowledge beyond 1066 by studying a significant social and political turning point from British history, which continues to have great relevance to life in Britain today.
Visit a Gurdwara		Related to the RE scheme. Opportunity for children to extend their knowledge of how a Sikh can show their commitment to their religion. Children
Visitor from a person practising Sikhism	Sum 1	Related to the RE scheme and exploration of Sikhism and a sikh's commitment to their religion. Children will be able to experience the varying ways that a Sikh could display their commitment to their religion and make connections to their commitments, religious or non-religious.
Year 4 Event	Term	Summary
Year 3 Event	Term	Summary
Ancient Greece - History	Sum 1	Children study the democratic system which emerged in Athens, and compare it to the system in use today in the UK. Children

<i>Democracy &amp; The Rule of Law, Mutual Respect</i>		learn about Greek society, including how equal it was in terms of the rights and freedoms that different groups enjoyed. The roles of women will also help pupils to understand the similarities and differences between society then and now.
Visit a Hindu Temple	Aut	Children learn about how hindus worship in a temple and explore their lifestyle
PSHE Curriculum (Jigsaw) 7-11	Spr 2	Topics Covered <ul style="list-style-type: none"> <li>• Respect for myself and others</li> <li>• Celebrating differences</li> <li>• Relationships</li> <li>• Being Me in my World</li> </ul>
Year 2 Event	Term	Summary
Visit a Church <i>Tolerance of different faiths and beliefs</i>	Aut 2 100 Club	As part of learning about Christianity, Y2 visit a church to enrich their learning During their visit the children learn about the altar, font and pews. They will also learn about the history of the stained glass windows which is one of the main features of the church.
Taste food from another country <i>Tolerance of different faiths and beliefs</i>	Aut 1 100 Club	As part of our 100 Club offer our Y2 children visit a Tandoori Restaurant and are given the opportunity to sample some traditional Indian foods, such as samosas and pakoras.
Bollywood Dance Workshop <i>Tolerance of different faiths and beliefs</i>	Aut 1 100 Club	Children take part in an energetic Bollywood dancing workshop.
Year 1 Event	Term	Summary
Visit a Synagogue	Spr 2 100 Club	As part of RE, children learn about Judaism.They explore some of the key beliefs of Judaism and learn about the importance of Shabbat for Jewish people and why the Synagogue is a special place of worship.
Nativity <i>Tolerance of different faiths and beliefs</i>	Autumn 2	Building confidence and performing to a crowd. Increasing their tolerance of different faiths.
<i>Democracy &amp; Individual Liberty</i>	Autumn 1	Lesson on Rosa Parks as part of Black History Month. Understanding the unfair laws of the time and learning about a strong individual who advocated for what she believed in.
EYFS Event	Term	Summary
Choosing our Favourites <i>Democracy</i>	ongoing	Children are given the opportunity to vote for their favourite books for storytime and reward activity.
PSED <i>Individual Liberty &amp; Mutual Respect</i>	ongoing	Throughout the year, children learn about how to follow school rules, share, take turns and respect their peers and adults.

<b>Celebrations</b> <i>Tolerance of different faiths and beliefs</i>	Ongoing	Through Understanding the World, children learn about each other's faiths and beliefs and how each one is celebrated.
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## Caring for the Environment

Whole school Event	Term	Summary
<b>Citizenship Programme</b>	Weekly	The Citizenship Programme is a series of 'daily discussions' that covers the knowledge, skills and understanding that our pupils need to play a full part in democratic society, as active and responsible citizens. Content comes from the five areas of personal development and Grades.
<b>Recycling</b>	100 club	Be a Recycling Hero Children across the school develop an understanding of the impact of waste and how they can reduce, reuse and recycle.
<b>Global Citizenship</b>	100 club	Throughout the year children raise money for various charities and gain an understanding of the importance of helping others.
Year 6 Event	Term	Summary
<b>Biodiversity</b>	Autumn	Children learn how living things are classified into groups including micro-organisms, plants and animals. They use classification keys to identify plants and animals and use their knowledge of characteristics to explain how they are grouped.  Biodiversity survey: opportunity for mini investigation in Geog / Science in the wilderness / on field using quadrat.
<b>Air Pollution</b>	Spring	Children learn to identify the main causes of air pollution and identify areas where air quality is likely to be different. They explore reasons why pollutant levels may rise and fall and how pollution levels can be reduced.
Year 5 Event	Term	Summary
<b>Biomes and Climate</b>	Spring 100 Club	Children learn to locate the Earth's biomes and explore why different biomes experience different climates. They look at the negative impact humans have on biomes and consider ways in which we can protect them. As part of their 100 club experiences, children visit the living rainforest.
<b>Biodiversity</b>	Spring	Children learn about the lifecycle of a mammal, an amphibian, an insect and a bird and explore the process of reproduction in plants and animals.
<b>Renewable Energy</b>	Spring	Children learn about the historical context of energy sources and

		how machines can be powered by wind. They develop an understanding of different types of renewable energy and the importance of switching to renewable energy sources.
Sustainability	Sum	Children develop an understanding of what sustainability is and why it is important. They discuss the advantages and disadvantages to using fossil fuels and research renewable energy sources.
	100 Club	Observe living things grow - caterpillars to butterflies
Year 4 Event	Term	Summary
Biodiversity	Autumn	Children learn about living things and their habitats and begin to classify and sort a variety of living things. They explore how changes in the environment can sometimes pose changes to living things.
Environment	Summer	As part of a geography topic, children learn about the world's natural resources. They explore how they are used, whether they are renewable or non-renewable and begin to explain the impact of using natural resources for energy.
	100 Club	Forest walk - visit to Black Park
Year 3 Event	Term	Summary
Deforestation	Spring	Children learn about deforestation, what causes it and the impact it has on the animal species.
Growing Plants	Summer 100 club	Children grow plants from seeds and learn about the life cycle of flowering plants including pollination, seed formation, dispersal and germination.
Climate	Sum	As part of a geography topic children learn about water, weather and climate. They learn about the water cycle, the weather in all four seasons and explore extreme weather events and the impact that these have.
	100 Club	Naturewatch - ecosystems
Climate change	Spring 2	Volcanoes and earthquakes and how they have increased due to climate change
Year 2 Event	Term	Summary
Biodiversity	Spring	Children learn about a range of plants and animals and their habitats. They learn to talk about the different features of each habitat and construct simple food chains.
Growing Plants	Summer	Children learn how to describe plants that have grown from seeds and bulbs. They learn to spot similarities and differences between bulbs and seeds and identify plants that grew well in different conditions.
Pollution	Summer	Children learn how plastic is made and how to read recycling symbols so that they can sort plastics into recyclable and non-recyclable materials. They learn about the impact that plastic waste has on the ocean and sea animals.

	Sum 100 Club	fruit picking feeding animals
Year 1 Event	Term	Summary
Growing Plants	Spring 100 club	Children learn how to identify and describe trees and plants. They grow flowers from a seed and observe and record the changes that they see.
Climate Change	Summer	Children learn about the weather associated with the four seasons and different places around the world. They start to learn the difference between weather and climate and begin to talk about how climate change is affecting the planet.
Recycling materials	All year around 100 club	Teaching children how recycled materials can be used again for different purposes. We use recycled materials to create Art collages.
Geography - Around the world		Lesson: What is it like to live in the forest? Children learn about the Amazon rainforest and why trees are important for the humans and animals that live there. Read deforestation books to understand human impact on the forests.
Geography - Around the world		Lesson: What is it like to live by the seaside? Extension at the end - talk about plastic pollution and our role in keeping the environment litter free. Read 'The Blue Giant'.
Art - Making Birds	Summer 2	Children collect leaves for one of the lessons and we teach them to respect the nature around us and leave it as it is. We only take leaves that have fallen off the trees.
English book- The storm whale	Summer 2	Caring for animals and the environment they live in.
EYFS Event	Term	Summary
Biodiversity	Spring/ Summer 100 club	Children learn about insects and their habitats and closely observe ladybirds and butterflies grow and change from an egg. They learn about bees and other pollinators and how important they are for further plant growth. Children make bird feeders and bug hotels to attract and observe minibeasts.
Growing Plants	Spring/ Summer 100 club	Throughout the spring and summer term children grow fruit, vegetables and flowers from seeds. They plant flowers to encourage bees and other pollinators into the garden.
Recycling	Summer	Through an art topic, children learn about recycling. They sort materials and learn what can be recycled and think about how we can reuse recycled materials.



## Health & Well-being

Whole school Event	Term	Summary
Health and Fitness	Sum 2	Week of exercise/ physical activities Making a healthy meal learning about nutrition

Run a mile	100 Club	Opportunity for pupils to run a mile to acknowledge the importance of daily exercise.
Well being day	Ongoing	Opportunity for children to learn about mental health
<b>Year 6 Event</b>	<b>Term</b>	<b>Summary</b>
PSHE Curriculum (Jigsaw) 7-11	Spr 2	<p>Topics covered</p> <ul style="list-style-type: none"> <li>• Taking personal responsibility</li> <li>• How substance affect the body</li> <li>• Emotional</li> <li>• Mental health</li> <li>• Mmanaging stress</li> </ul>
PSHE Curriculum (Jigsaw) 7-11	Sum 2	Self image- pupils aware of own self-image and how their body image fits into that
Health and Fitness Week	Sum 2 100 Club	Cooking a healthy snack/meal - pupils taught the importance of nutrition.
Federation Athletics Event	Sum 2	Children attend Federation athletics day.
PGL	Sum 2 (should this be Aut 1?)	Most children experience lots of activities on PGL e.g. raft building, climbing wall and canoeing.
<b>Year 5 Event</b>	<b>Term</b>	<b>Summary</b>
PSHE Curriculum (Jigsaw) 7-11	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Smoking, including vaping-</li> <li>• Alcohol and anti-social behaviour</li> <li>• Emergency aid</li> <li>• Body image</li> <li>• Relationships with food</li> <li>• Healthy choices</li> <li>• Motivation and behaviour</li> </ul>
Health and Fitness Week	Sum 2	Cooking a healthy snack/meal - pupils taught the importance of nutrition
100 Club	Sum 2 100 Club	Swim 25m- pupils given opportunity
<b>Year 4 Event</b>	<b>Term</b>	<b>Summary</b>
PSHE Curriculum (Jigsaw) 7-11	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Healthier friendships</li> <li>• Group dynamics</li> <li>• Smoking</li> <li>• Alcohol</li> <li>• Assertiveness</li> <li>• Peer pressure</li> <li>• Celebrating inner strength</li> </ul>



Health and Fitness Week	Sum 2 100 Club	Cooking a healthy snack/meal - pupils taught the importance of nutrition
Go Ape	Sum 2	Physical activity, balance and teamwork.
Attend a professional football match	100 club	Physical activity, learning of skills, watching a team work together and real life experience.
Year 3 Event	Term	Summary
PSHE Curriculum (Jigsaw) 7-11	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Exercise</li> <li>• Fitness challenges</li> <li>• Food labelling and healthy swaps</li> <li>• Attitudes towards drugs</li> <li>• Keeping safe and why it's important online and offline</li> <li>• Respect for myself and others</li> <li>• Healthy and safe choices</li> </ul>
Health and Fitness Week	Sum 2 100 Club	Cooking a healthy snack/meal - pupils taught the importance of nutrition
Writing - My Strong Mind	Sum 2	Reading and completing a unit of writing on My Strong Mind - exploring and discussing themes relating to maintaining positive mental health and strategies to do this.
Well being day	Sum 1	Children learn about anxiety and a variety of coping strategies. They complete wellbeing activities
Year 2 Event	Term	Summary
PSHE Curriculum (Jigsaw) 5-6	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Motivation</li> <li>• Healthier choices</li> <li>• Relaxation</li> <li>• Healthy eating and nutrition</li> <li>• Healthier snacks and sharing food</li> </ul>
Health and Fitness	Sum 2 100 Club	Cooking a healthy snack/meal - pupils taught the importance of nutrition
Year 1 Event	Term	Summary
PSHE Curriculum (Jigsaw) 5-6	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>• Keeping myself healthy</li> <li>• Healthier lifestyle choices</li> <li>• Keeping clean</li> <li>• Being safe</li> <li>• Medicine safety/safety with household items</li> <li>• Road safety</li> <li>• Linking health and happiness</li> </ul>
Health and Fitness	Sum 2 100	Cooking a healthy snack/meal - pupils taught the importance of nutrition

	Club	
Fruit break	All year	Making healthy choices when choosing a snack
PE	All year	Target games, net and wall games, striking and fielding games.
EYFS Event	Term	Summary
Meditation	Every week	Children complete meditation activity weekly following the PSHE scheme.
PSHE	Spr 2	<p>Topics Covered</p> <ul style="list-style-type: none"> <li>● Exercising bodies</li> <li>● Physical activity</li> <li>● Healthy food</li> <li>● Sleep</li> <li>● Keeping clean</li> <li>● Safety</li> <li>● Understanding and managing feeling</li> </ul>