

Principal's update

During the last 12 months, WDA has continued to review its curriculum. A school curriculum is broadly defined as 'the whole programme of education offered to pupils' - this includes the spiritual, cultural and moral development of our children.

At West Drayton, we have already introduced the 'Four Pillars'. The Pillars are skills and values that have been integrated with RE (Religious Education) and PSHE (Personal, Social Health & Economic Education)



To further embed the Four Pillars, we have been applying the '100 Club' - 100 opportunities for your child to engage in a range of experiences, essential life skills and to grow their knowledge. Our aim is to further prepare our children for adolescence and adulthood.

Please take a moment to look at the 100 Club opportunities that have been allocated to your child's year group [here](#).

Thank you to the Culture Club for organising the upcoming Eid Fayre - another great opportunity to celebrate in the community. More information is provided later in the newsletter.

Wishing you all a brilliant weekend, enjoy the bank holiday.

Richard Yates

Dates for your diary

1st May & 8th May

Bank Holiday
(School will be closed)

3rd & 5th May

Y1 Visit to Reading
Museum

2nd May

Police Talk: Nursery &
Reception Parents
Strike Day

5th May

Coronation Celebrations
(Lunch time party) &
Eid Fayre (3:00 - 4:30 pm)
Non uniform day

9th - 12th May

Y6 SATS

15th May

Y2 SATS
Reception & Y6 Height
and Weight Check

Attendance

The class with the best attendance this week is:

1st place: 3A with 99.1%
2nd place: 3D with 98.3%
3rd place: 5R with 97.5%

It will be a non-uniform day for 3A on Thursday 4th May. Well done!



Art Display at Montem Academy

As part of an Academy Trust, children at WDA get opportunities to showcase their talents and explore learning beyond their own school. We are extremely grateful to Montem Academy, which is a part of the Park Federation Trust for providing our staff and students an opportunity to attend a ceramic workshop. We shared some of their work in our previous editions of the newsletter as well. Their finished work has now been displayed at the Montem Academy and does it not look amazing!!!



Well-being at West Drayton Academy

Stress Awareness Month

April is Stress Awareness month, here are 5 steps to support your child to cope with stress.

International Dance Day

On Saturday 29th April, it is International Dance day. Dancing is a great exercise for both the mind and body. Dance strengthens our emotions, thinking skills, physical abilities and ability to connect with people, all of which are vital for daily life. Research also suggests that dancing has a range of benefits for our mental health and well-being, making us feel happier and worry less.



5 STEPS TO HELP CHILDREN Cope with Stress

by Big Life Journal

- 1 STEP 1: REFRAME STRESS**

Help your child shift from a "stress hurts" mindset to a "stress helps" mindset. Some level of stress is beneficial and presents opportunities for growth.
- 2 STEP 2: SHIFT FROM A FIXED TO A GROWTH MINDSET**

Help them look at the situation from a growth mindset perspective. It's not fixed, it can be improved, and they do have the power to influence the situation.
- 3 STEP 3: STOP CATASTROPHIC THINKING**

Do the worst case scenario exercise. Ask your child, "What's the worst thing that could happen?"

Caution: do not dismiss their worry!
- 4 STEP 4: PRACTICE PROBLEM-SOLVING**

Brainstorm solutions, doing more listening than talking. Think through the positive and negative consequences of each proposed idea, then choose one.
- 5 STEP 5: TRY STRESS-MANAGEMENT TECHNIQUES**

Use techniques like deep breathing, stretching, listening to music, meditation, and practicing mindfulness.

Big Life Journal - biglifejournal.com

Upcoming Events

29th April
International Dance Day

15th - 21st May
Mental Health Awareness Week

16th May
WDA Wellbeing Day

SENsational Group Coffee Morning

We would like to thank the parents for taking time out and attending the coffee morning on Tuesday. The parents met SEN Coordinator and discussed how children's learning can be supported at home and at school. If you would like to attend the next session please contact the Family Support Worker on 07718492006.



Kings Coronation Celebration

Next Friday, 5th May, we will be joining in with the national celebrations. Wearing their festive clothes, the children will take part in a special coronation playground party lunch, everybody dining together to celebrate the special day.

Please note, all pre bookings have been cancelled for Thursday 4th May and Friday 5th May. Friday's menu will be offered on Thursday and the changes have been updated on Parent Pay. Letters have been sent home with your child today. You can provide your child with a packed lunch, alternatively please make sure you return the slip to let us know if you are requesting a packed lunch from school. More information is available on Piota app and school website.



The school packed lunch menu includes:

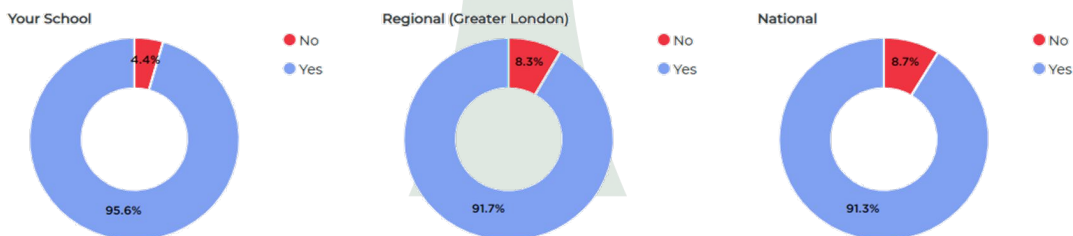
- Cheese Roll
- Vegan sausage roll
- Celebration cake
- A piece of fruit

Votes for schools

Last week, during Votes for Schools, we debated:

**KS1 Should more be done to look after our oceans?
KS2 Should more be done to protect our oceans?**

West Drayton Academy vs National results



Coming up

Are you interested in the Coronation?

To celebrate the upcoming Coronation of King Charles III, voters will take a closer look at the day's events and consider the ways that they can mark the occasion. This will help voters to decide whether they are interested in this historic ceremony.

Come and join us for our Eid fayre!

To celebrate the end of the holy month of Ramadan and the muslim festival of Eid, we are holding an Eid fayre on Friday 5th May.

You can purchase a range of food from around the world, such as samosas, noodles, bhel puri and rice.

There will also be a range of stalls selling handmade gifts and toys as well as activities like face painting, glitter tattoos and lots more!

Join us on Friday 5th May, from 3:00 - 4:30pm



INSTRUMENTAL LESSONS

WEST DRAYTON ACADEMY
SUMMER 1 | 17TH APR- 29TH MAY

FROM
£45



APRIL 2023

Our popular lessons to choose from between 9-3pm are:

- Ukulele
- Guitar
- Piano
- Singing

Sign up today!

Book in 3 easy steps:

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 - #2. Find your school
 - #3. Give your child the gift of music!
- www.teachmajor.com/book



Contact us to enquire about our specific offerings at your school!

info@teachmajor.com

0208 243 8791



10% DISCOUNT IF
BOOKED BEFORE
5TH MAY

Sports Plus
Scheme

SUMMER HALF TERM MULTI-SPORTS

West Drayton Academy

Tuesday 30th May - Friday 2nd June 2023
9.00am - 3.00pm



1 day £25.00, 2 days £45.00, 3 days
£60.00, 4 days £75.00

For more information or to book your
place please contact:

T: 01932 568 570

E: westlondon@sportspusscheme.com



25% discount on
1st sibling and
50% discount
for additional
siblings!

